



breast cancer
care wa

Medical clearance

for people living with metastatic breast cancer

Breast Cancer Care WA offers a Living Well Program for people diagnosed with metastatic breast cancer. The program includes physical activities such as gentle yoga, Pilates and exercise physiology.

Facilitators are qualified to deliver physical activities and will take all reasonable care in relation to participants' individual medical and health needs. We seek your clearance and any additional information to ensure the participant can get the most out of these activities. They have been advised that they are participating in these activities at their own risk.

I grant medical clearance for

DOB / /

to participate in physical activities as part of Breast Cancer Care WA's Living Well Program.

NB Medical clearance will need to be updated should there be any change to treatment/disease progression.

Please enter any additional instructions/information here:

Treating medical specialist's name and profession

Signature

Date

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