

Partners Connect Workshop

This is a three session workshop for Partners of women with breast cancer.

Session 1: Responding to the challenges of a breast cancer diagnosis

Session 2: Ways in which to to bring the best version of yourself

Session 3: Bringing it all together - response, values and self care

"I would wholeheartedly recommend getting to these sessions. I came out of the experience far better for it and am more relaxed (though still busy) and was able to meet others in the same boat - in itself a very worthwhile thing." (Tom, previous workshop participant)



Please register your interest by email at triage@breastcancer.org.au or by phone on 9324 3703