

## November 2023 Update

Breast Cancer Care WA offers a range of support groups for women living with breast cancer. They are a safe environment to share confidential conversations with other women navigating their way through breast cancer. All groups meet monthly and are facilitated in the community by a counsellor.

| SUPPORT GROUP  | LOCATION  | <b>DATE</b> of each month  |
|--|---|--|
| EARLY BREAST CANCER GROUPS For all women undergoing or recently completed treatment for early breast cancer                  | Ardross<br>Bunbury<br>Hamersley<br>Mandurah<br>Midland<br>Online (Midday) | 3 <sup>rd</sup> Thursday<br>1 <sup>st</sup> Thursday<br>2 <sup>nd</sup> Friday<br>3 <sup>rd</sup> Tuesday<br>4 <sup>th</sup> Thursday<br>1 <sup>st</sup> Tuesday |
| YOUNG WOMEN'S EARLY BREAST CANCER GROUPS For women with early breast cancer that are under 45 or with school aged children   | Ardross<br>Hamersley<br>Online (Midday)                                   | 2 <sup>nd</sup> Thursday<br>4 <sup>th</sup> Friday<br>3 <sup>rd</sup> Tuesday  |
| METASTATIC SUPPORT GROUPS For women living with metastatic breast cancer   | Bunbury<br>Cottesloe<br>Joondalup<br>Mandurah<br>Online (Midday)          | 2 <sup>nd</sup> Thursday<br>1 <sup>st</sup> Wednesday<br>3 <sup>rd</sup> Friday<br>2 <sup>nd</sup> Wednesday<br>2 <sup>nd</sup> Wednesday                        |
| YOUNG WOMEN'S METASTATIC SUPPORT GROUPS For women under 45 or with school aged children living with metastatic breast cancer | Online (Morning)  | 4 <sup>th</sup> Tuesday  |

To register or for more information, call or email our Support Services Coordinator E: triage@breastcancer.org.au | P: (08) 9324 3703

